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# Vedas Destroy ILLUSION

Swami Ram Swarup 'Yogacharya'

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**QUERIES RECEIVED AT**
***www.vedmandir.com***

***Swami Ram Swarup 'Yogacharya'***

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# Preface

CREATOR and HIS CREATION, both are really astonishing. Is it not a matter of surprise, beyond calculation, beyond imagination that human body is made of non-alive prakriti's three gunnas i.e. Raj, Tam and Satva, which totally relate to the illusion and within which soul resides, whose form is the purest, liberated, eternal and alive. Then what happens that soul is attracted towards three gunnas and worldly matters made from them like gold, silver, money, anger, pride, ego, greed, sensuality etc. due to which soul forgets his above quoted unchangeable, everlasting, liberated form.

What a wonder is this! However, Almighty God is like our father because after creating the universe He nurses us. So, He is merciful on us to shower His blessings by providing us with the eternal knowledge of Vedas which destroy the illusion and enable the soul to realise his above quoted original form. All this is the reason to write this small book so that the aspirant becomes able to know about the mercy of God of providing vedic knowledge to destroy illusion.

So, I appeal to all the aspirants to make the best use of mercy of Almighty God by paying their attention towards eternal vedic knowledge, which emanates directly from God, to destroy illusion and attain final liberation.

In the end, I am thankful to Sadhvi Ritambhara, Sadhvi Pragya and Sadhvi Geetanjali who always cooperate and help me in writing books, articles and preparing spiritual CDs.

They are doing their best and I hope will continue it to study Vedas and to do hard practice of Ashtang Yog philosophy, which is the main motto of this Ved Mandir. May God bless them.

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## PRAISE FOR
## *Answers of Queries at www.vedmandir.com*

Swamiji Namaste,

Thank you so much for answering my query about soul and difference between vegetarian and non-vegetarian food, its really very logical.

Swamiji you are taking so much pains in answering to so many queries which come to you. It must be so difficult!

Swamiji I personally feel that if you give pravachan in television (Astha or Sanskar Channel) then so many people will get knowledge of vedas at one time. Is it not possible ? Regards, Ashish.

*Ashish Dipikar <ashishdipikar@yahoo.com>*

Thank you So much for the answer Swamiji. I am obliged to you till the end of my life for being such a wonderful teacher. I understand all the points you are saying..I agree with you and I consider you as the true guru who can heal burning hearts. Thank you once again.

My parents started searching for a marriage for me. I am also praying to God for the good future. If anything is fixed I will let you know. In the mean time deep and sincere thanks from the bottom of my heart for the patience you have shown to listen to me and the

way you have explained.
apoorva gopinath <apoorva.gopinath48@gmail.com>

Swami ji ! Saadar Namaste.THANK YOU SO MUCH FOR UR KIND REPLIES. I LOVE YOU. Aapne meri shankayen door kar din.

Basant Email: aarya.basant@gmail.com

Swamiji charan sparsh, I am highly impressed & found your website to be A real Tribute to Hinduism, a wonderful website putting light on culture of Vedas.
I desire to attend Yoga classes, Yajna & want to study basics of Vedas.

Anil Bhardwaj
Email: bharadwajanil@rediffmail.com

## Vedas Are Eternal

Since Hindu Dharam is mainly based on four Vedas, Six Shastras, Upnishads and other holy books & the knowledge of vedas originates at the time of beginning of non-sexual creation. ***Atharvaved mantra 4/1/1*** also says that God gives the knowledge of Vedas at the beginning of the earth to four Rishis of non-sexual creation. And thereafter only public listens Vedas through Rishi-Munis and becomes learned. About five thousand five hundred years ago, ***Vyas Muniji thought to write the Vedas and he wrote on Bhojpatra,*** for the benefit of public. In sixteenth century, the printing press came into existence and then the Vedas from Bhojpatra were printed. There is only one system to save the verses of holy books that aspirant must traditionally make contact with learned Acharya of vedas to listen and gain vedic knowledge.

## Be Brave By Gaining Vedic Knowledge

If anyone gets anxious and stressful while travelling in bus or car then it is due to lack of courage. Nobody should ever lose patience in any situation and then only he is called a brave person. So, please be brave. Infact, all this scariness is happening with you due to your previous lives' deeds, result of which you are experiencing by being scared.

So, you should have full confidence in you. First,

you will have to do hard work to gain confidence and courage. This will be your hard work only. But as stated in Vedas and other spiritual granths, the hard work gives full result when we do daily worship. **So, *to destroy the previous lives' bad deeds worship is necessary.*** So, please ***daily sit both times to do name jaap of God*** **and in addition, if possible,** ***try to do daily havan with Gayatri mantra and chant Gayatri mantra along with its pious meaning.*** If hawan is not possible then ***chant Gayatri mantra along with its meaning.***

As you know, ***God helps those who help themselves.*** So, your hard work to study and prepare yourself for exam is necessary. To write a poem is a pious deed which I would advise you to start it again. You see, even I've written several spiritual bhajans and shayari which has been published in the form of books and CDs. So, please always try to write poems which will also assist you to gain concentration. It is very much necessary to leave the bad habit immediately. The moral duty of son and daughter is to do the pious deeds which give pleasure to the parents and benefit to the society.

## Ideal Wife

The meaning of word *'Pati'* is owner/master. A wife when serves her pati (husband) whole-heartedly, obeys him in all pious deeds, always tries to make him happy, does not see any other man in bad sense even in dreams, treats other men as her brothers and old men as father,

is religious minded, never tells lies to her husband, never hides anything from him, looks after her house and children very well, then she is said to possess the pious qualities of Pativratta nari.

## Vedas Facilitate Search For Truth

I've nothing in myself, it is all due to grace of God that He inspired me to do Ashtang Yog Practice under the guidance of my spiritual acharya in the cave in dense jungle of Rishikesh for a long time. My spiritual master was kind enough that he taught me about Yog philosophy practically. So, with the blessings of God and my spiritual master, I was enlightened. Now, all my divine deeds, working, service to mankind, writing of books, doing practice of Ashtang Yog, singing of spiritual bhajans and cds, daily Yajyen with ved mantras, Vedic preach to devotees/aspirants are dedicated to Almighty God. ***Since, knowledge is gained only when it is given by someone, God made me able to understand it very well that the eternal knowledge of Vedas which emanates directly from God in the beginning of earth, is the only truth, so the truth is realized by listening to Vedas from acharya, doing daily Yajyen /hawan with ved mantras, name jaap of God and hard practice of Ashtang Yog under the guidance of learned acharya.*** So, whatever I speak or write or sing is based on my realization(enlightenment) because mere bookish knowledge creates several vices/shortcomings like kaam (sensuality), krodh (anger), lobh (greed), ahankar (pride) etc., whereas

practical worship as quoted above, is really a bliss awarded by God Himself (***Atharvaveda mantra 4/30/3*** also refers). ***Yajurveda mantra 7/48 and Bhagwad Geeta shloka 2/47*** preach us that we the human-beings are free to do deeds either pious or sins but result is awarded by Almighty God in the shape of happiness and sorrows respectively.

***So, it is duty of all learned Acharyas to spread Vedic knowledge at their level best, amongst those humans who are desirous of the same. Vedas tell that the learned must remove the illusion from society.***

So we've only to do our level best to spread knowledge, to destroy illusion which generates problems, tensions, diseases, sorrows, injustice, blind faith etc., in the society. So, we must work without having desire of the result thereof. Let the result be left in the hands of God Who, as stated in mantra above, awards it. Evil means illusion and illusion (evil) is destroyed by vedic knowledge. Except knowledge, there is no other way to destroy the same. If a student desires to pass examination, but he does not study hard then his mere desire will be of no use. So, million or one in million, if desire then only desire will also be of no use. In several replies to questions, I often write that you've put the question only but you would not try hard to worship or make contact with learned acharya of Vedas to learn spiritualism, to decide to take firm unchangeable decision to know that Who is God. Nowadays, I've experienced that people often do not

work hard to first decide the Eternal, Immortal, Formless, Unchangeable, and unchallengeable God whom they should worship. They follow others and start worshiping directly i.e., without confirming that Who is God and hence the problem. So, let us indulge into deep study of vedas under the expert guidance of learned Acharya for knowing the true concept of all things. For example-

Satyug, Treta, Dwapur, Kalyug are calculation of time period which is non-alive matter.
These four yug have time-span as-

| | | |
|---|---|---|
| ***Satyug*** | = | 17 lakhs 28 thousands years |
| ***Treta*** | = | 12 lakhs 96 thousands years |
| ***Dwapur*** | = | 8 lakhs 64 thousands years |
| ***Kaliyug*** | = | 4 lakhs 32 thousands years |

So, non-alive matter can never cause any obstacle/hurdle in worship or in any action – good or bad, which is being taken or will be taken by anyone. So, we can't blame any time-period. In this connection, Vedas-shastras tell that blame yourself, your mind(mann)or your intellect(buddhi) who are after materialistic articles of world, pomp and show, pride etc., due to which often a person becomes helpless, lazy and becomes unable to spare time and to do hard tapasya, to do real worship, while discharging all his moral duties towards family, society and nation (***Yajurveda mantra 40/2, 40/14*** etc., refer). So, our duty is to spread Vedic knowledge through yajyen, preach, books and if possible by Vedic spiritual Cds.

As Napoleon used to tell that there is no word as 'impossible' in his dictionary similarly all learned of Vedas never lose heart and try their level best to spread Vedic knowledge. ***Vedas tell that deeds done by anyone will never go in vain i.e., it will sure give effect to those who are desirous of gaining. If we become nervous then we will be declared by God as lazy and selfish etc.*** Vedas have unlimited knowledge but main knowledge are three educations.

There are three educations/preach about

***(i) knowledge – science etc (Gyan) in Rigved,***

At the time of every creation, knowledge of four Vedas emanates direct from God and is originated in the heart of four Rishis in non-sexual creation. In the said process, first of all, ***the knowledge of Rigved advents and originates in the heart of Rishi Agni.*** In this Veda though the description of every worldly matter right from straw to God has been mentioned but it speaks especially about matters concerning science of the world. God has described qualities/nature of all materialistic articles of the universe. Therefore, the entire mankind must get the benefit of eternal knowledge of Vedas by knowing about right from straw to Brahma i.e., God. The meaning of ***"Ric"*** is that wherein the qualities and nature of all matters have been described and the meaning of Veda is knowledge i.e., true knowledge. These words are used in making the pious word "Rigved".

(ii) ***In Yajurved, the form of true, pious deeds have been preached.*** So, in the absence of listening of Yajurved, we can't know about real moral duties of students, married persons, vanprasthis and sanyasis. Even the moral and social obligations of King, parents, children etc., can't be known.

(iii) ***In Samved there is preach about eternal true worship of God like Yajyen, name jaap, practice of Ashtang yog by following which an aspirant realises God/attains salvation.***

So, Almighty God who is formless, creates, nurses, destroys and again creates universe. This process is eternal and everlasting. So, at the time of beginning of each non-sexual, the knowledge of above four Vedas emanates direct from God and is originated in the heart of four Rishis. The knowledge is given by the God to the human-beings for their welfare/benefit because until the knowledge is given by somebody, no one can attain the knowledge. In the beginning of the creation, no preacher, guru, acharya, teacher is present there to teach. So, God gives the knowledge.

## Shiv And Destiny

Main objective of all four Vedas is to destroy the illusion to realize God, while discharging all our moral duties. Meaning of Shiv or Sadashiv is benevolent God Who is Formless, Almighty, unchangeable, unchallengeable and Who alone has the power to create, nurse and

destroy the universe and again create it, because unchangeable God was one, is one and shall always remain one. Amongst several Ved mantras, ***Yajurveda mantra 27/36*** states- ***'Na Jataha Na Janishyate'*** i.e., equivalent to this God, neither any other God was born, nor shall be born in future. ***Rigveda Mantra 7/104/14*** also states that those who worship false God and Goddesses, God punishes them. So, we have to follow Vedic preach and not preach which is against the Vedas.

As ***Yajurveda Mantra 40/8*** also states that God is ***'Shukram'*** i.e., He is Almighty, has all power and needs no assistance to control the universe or to do any divine deeds. He alone is capable to do divine deeds. I mean to say He needs no assistance like Yamraj to award death etc., no Indra devta to cause rain etc. He is ***'Akayam'*** i.e. without body, ***'Asnaviram'*** i.e., without nervous system, ***'Avrannam'*** i.e., no hole can be pierced into Him, ***'Shuddham'*** i.e., He is the purest, it means there is no illusion which can overcome God. ***'Apaapviddham'*** i.e. God is always away from all sins and from facing result of any deed etc. He cannot speak because He has no mouth, tongue etc.

Actually, being Almighty He is capable to tell or to inspire the people or to make them understand about any matter without any organ, so its necessity is not required by God. We are souls who need assistance like tongue to speak, eye to see etc. That is why, when in the beginning of every earth, God gives knowledge of four Vedas to four Rishis then this divine knowledge, with

the power of Almighty God, is automatically originated in the heart of four Rishis. ***In Vedas, there is no existence of Devi-Devta, bhoot, pret, jin, sayyad, kali, mahakali, Kalyug Maharaj, Shani Maharajji etc. Vedas only tell to worship one Formless, Almighty God who creates, nurses and destroys the universe.***

Therefore, as per Vedas, the present worship of shivling or Shivji, who wears snake on his neck and wears deer skin is not formless God. According to ***Yajurveda mantras 34/1-6***, the meaning of Shiv is most benevolent i.e. who looks after all the living-beings and provides them with all materialistic articles of the universe like sun, air, water, earth, food, wealth etc. to live upon which cannot be provided by anybody else. So, the word Shiv mentioned in Vedas relates to Formless, Almighty, eternal and everlasting God Who creates, nurses and destroys the universe.

***Yajurved mantra 16/41*** also preaches about the pious word Shiv- (Namah Shivay) that those aspirants who praise and respect the most auspicious Almighty God, they in return attain peace and benevolence.

**So, the meaning of pious word Shiv in Vedas is Almighty, formless God,** Who creates, nurses and destroys the universe. Yet, those who believe the said Devi-Devtas etc. and worship them, they may go ahead at their own.

## Destiny

Luck (destiny) is always in our hands, say Vedas. He who works hard towards right path i.e., according to Vedas, Shastras etc., and worships God daily, he destroys the effect of previous lives' deeds and makes his future bright. For example- ***Samveda mantra 830*** states that he who daily offers aahutis in the yajyen/Havan with Ved mantras, he makes his future bright.

*In the present scenario, when the people have been misguided for not listening to the eternal and everlasting knowledge of Vedas by the so-called saints then being ignorant, oftenly the question arises in the public that whatever has been written in our luck, we will have to face the result thereof.*

Actually, this is not the fact. God has given all power to us that by following Vedas we may make our future bright. As per ***Rigved mantras 10/135/1,2,*** the situation of an ordinary person is this that God makes the prarabdh (luck) based on his previous lives' good and bad deeds and gives him birth. In the human life, the said person faces the result of his previous lives' good and bad deeds in the shape of pleasure/happiness and sorrows respectively. But in the *next* ***mantra 4,*** the God clarifies that those who do not want to face the sorrows, they must make contact with learned Acharya of Vedas and Ashtang Yog philosophy to follow the eternal vedic path to destroy the previous lives' bad deeds/sins to

attain salvation. So, in the absence of vedic knowledge, nobody is able to get peace or experience pleasure. **Therefore, destiny is nothing but illusion.**

## About Narad

**Meaning of word Narad is he who speaks truth.** So, Narad is the tittle mentioned in Vedas like that of Sharma, Varma etc. ***Naradji was a great Yogi and learned of all four Vedas.*** He was the one who told the life history of Sri Ram to Valmikiji and as a result, Valmikiji wrote Valmiki Ramayan in Sanskrit, which is the authentic Ramayan, as accepted by all learned acharyas of Vedas of the past as well as present times.

We must not forget that Valmikiji was a Maharishi i.e. He did hard tapasya and studied four Vedas. He was a Mantradrishta Rishi that is why he is addressed as Bhagwan Valmikiji. He introduced himself that he never did any sin right from the childhood till old age. Therefore He was not a dacoit.

Similarly, ***Naradji was also a Brahmachari*** and this pious title as per Atharvaved is awarded by God Himself to a Rishi. When the said Rishi has destroyed all illusion, falsehood, attachment, hatred etc. then how Naradji can be told to be a backbiter. ***A backbiter can never be a Rishi and Rishi can never be a backbiter.*** Infact in the absence of knowledge of Vedas and lack of study of spiritual granths written by Rishi-Munis, such

misunderstanding has arisen in our country. Till we Revert back to Vedas, such illusion cannot be destroyed. Naradji's life history has actually been mentioned by Rishi in **Chchandogya Upnishad** that when Naradji Rishi goes to his vedic **Acharya Rishi Sanatkumarji** and Sanatkumarji asks about the study of Naradji then Naradji tells he has studied Rigved, Yajurved, Samved, Atharvaveda, Itihas-Purann (Brahmins, kalp etc.,) Vedon ka Vyakarann, Nirukt, Vaayu-Vigyan, Gannit-Vidya, Prakriti-Vigyan, Bhugarbh-Vidya,Tark-Shastra, Brahma-Vigyan, Indriya-Vigyan, Bhakti-Shastra, Panchbhootgyan, Dhanurved, Jyotish-Shastra, Gandharva-Vidya. So, how can it be said that Yogi does back-biting etc?

## Are Astrological Calculations Vedic

As per ***Yog Shastra Sutra 1/7,*** to know the veracity/authenticity of any matter it must always be tallied with Vedas. If the matter tallies with Vedas then automatically it is true otherwise false. However, present astrological calculations are not mentioned in Vedas.

## Na Mamar Na Jeeryati

Keeping in view the preach of ***Atharvaved mantra 10/8/32,*** this is also to be known carefully that the Vedic knowledge never becomes old but always remains new. The said mantra states- ***"Pashya Devasya kavyam Na Mamar Na Jeeryati"*** (Pashya) see

(Devasya) God's (Kavyam) Vedas (Na Mamar) which are immortal (Na Jeeryati) and never become old.

God Himself states in this mantra that., ***"Oh! aspirant listen to Vedas which neither become old nor get destroyed."*** So, in the opinion of learneds, mostly the people who lack the knowledge of Vedas are indulged in illusion and are not aware of the Formless, immortal God and about His creation and How to worship God etc.

## How to make the base of child's future

You are advised to first take care of health of your child and give him **balanced diet.**

**Massage** with mustard oil should be done, once in a day, with daily bath after one hour of massage.

**Parents should never quarrel** or make use of any abusive/loud language in front of child. Parents and **family members should always do pious/good deeds** before the child because child always copies the adults.

Now, while going to bed, some brave historical stories (Veergatha) and story of Sri Ram, Sri Krishna Maharaj, Mata Sita, Rishi-Munis should be narrated to the child.

**Avoid watching non-educative and vulgar programs of T.V.**

Parents should do daily havan with ***Gayatri Mantra*** along with the child. Then child will automatically start reciting Gayatri mantra along with other mantras easily.

Some **spiritual Vedic books** with easy comments

on Ved mantras should be narrated to him just after finishing the havan. Always watch your child that while in the school and after school time, **he does not make contact with bad society.** Water has been equated to ***medicine by Atharvaved.***

– So, always try that your child takes sufficient water right from morning till the time of going to bed. **Attend Vedic satsang with your child.** Educate him/her that he/she does Namaste to everybody, whom he/she meets. Now, this is the time (in between six to twelve years) to lay the foundation of your child to further make his future bright.

You should now make contact with learned Acharya of Vedas and request him to perform Upnayan sanskar of your child. When, he will be of eight years of age then you must make sure to do his vedarambh sanskar. ***In this way, your child will automatically be able to understand the Vedas and that God is formless. Please make contact learned with learned of vedas to give vedic education to your child.***

Always keep a watch that the child is getting progress in his academic education as well in the matter of health.

## Meditation And Way To Brighten Future

Meditation is the seventh step of Ashtang Yog. Eight steps of Ashtang Yog are-

***Yam, Niyam, Asan, Prannayam, Pratyahar, Dharnna, Dhyan, Samadhi.***

So, to meditate properly, one has to first listen to Vedas

and know properly about Ashtang Yog under the guidance of learned acharya of Vedas and Yog.

So, to meditate one has to know first about six steps of Ashtang Yog and then he has to reach on seventh stage of meditation. Proper worship of God according to Vedas, like to do yajyen/havan with ved mantras, name jaap of God enables the aspirant to start practice of Ashtang Yog.

After attaining perfection in first six parts of Ashtang Yog involving adoption of Truth, Austerity, Celibacy, Internal and External cleanliness, Control over senses, perceptions and mind and then effectively Concentrating on any part of body like navel, heart etc; it is then that aspirant acquires perfect concentration and without an iota of distraction in other things, he meditates on God's name and His divine qualities. In this stage, aspirant is aware of his own existence as well.

Further, idea of ***Rigveda mantra 10/135/1,2, 3*** is that we've been blessed with the human body to face the result of our previous lives' deeds – good and bad, in the shape of happiness and sorrows respectively. When we've to face bad deeds then naturally everybody says that it is our bad luck but mostly people do not think that God has done justice and the sorrows/problems given by God is the result of our own said deeds of previous lives'. Further, the ved mantras state that if a person makes contact with learned acharya of Vedas and yog philosophy and becomes able to gain

knowledge of Vedas and obeys preach of Vedas then the effect of bad deeds is automatically destroyed and future becomes bright. Also, God helps those who help themselves. So, hardworking, devotion and dedication also make the future bright.

## True Essence of Religion

I would like to state that basically teachings of no religion (sect) promote violence or ravages of hatred. It cannot be stated that the spiritual masters donot know the said fact. Then why on the matter of religion, violence begins, blood is shed, daggers are drawn etc. inspite of the clear preachings of every sect that God is one.

So, in the present scenario, we will have to think over the real meaning of **"KNOW".** In Rigved, three words have been preached-

***LISTEN (Shravann), DEEP THINKING (Manan) and TO HOLD THE PREACH IN DAILY LIFE (Nididhyasan).***

According to the said preach, all the aspirants of the universe, first of all must listen to their concerned spiritual-religious books from a learned. In the second stage, the aspirant after listening the preach must think over it deeply and can put question to the learned in case of misunderstanding. When misunderstanding is clarified and the preach is remembered then in third and final stage, that preaching must be held/acted

upon/adopted (in Hindi, 'acharann') in daily life.

I think, in whole of the world, the above quoted third stage is not being understood and hence not followed. Therefore, the preachings of all the religious books of all religions (sects) will automatically go in vain. As a result, preachings is being listened but of no use. Therefore, violence and ravages of hatred take place.

I would like to quote here an example on the above subject- ***"To know".*** Suppose, a friend asks his friend to take the poison then whether his friend will obey him and take the poison? I think in all circumstances his friend will deny. Why? Because he knows that he will die if he takes poison. Then, if his friend gives him bribe of several crore rupees and asks him to take poison in return, at this stage also, the other friend would deny and in third stage, if his friend applies force to pour the poison into his mouth, still his friend would object and fight back to save himself from poison. Why? Because he knows that if he takes poison, he would die. So, this is the power of knowing that even giving bribe or applying force etc. went in vain in case of poison. I mean to say, if every spiritual master of every religion truly knows about the preach that no religion preaches about violence, hatred etc. then the spiritual masters and their followers would never create any violence, hatred and problem in the society. Instead, they would promote brotherhood.

***Therefore, in the present scenario, there is a need that spiritual masters first study and remember the preach and after understanding clearly about the preach they must hold the preach in their daily life. Thereafter they would only be able to make understand the said preach to the society, to unite and make the nation strong.***

The matter which is solved amicably, with love and affection that only would be beneficial to all concerned. No doubt, we follow our respective sects, though it is important matter but not as important as following the preach of our respective religions faithfully. The special consideration is this whether preach in sects about spreading love and brotherhood within human-beings by destroying the ravages of hatred and violence is followed faithfully or not.

***It is the need of the hour that to maintain love and peace the religious teachings will have to be held in life and not merely remembered by words.*** Then there will remain no sign of hatred and violence. Problem is this that we all try our level best to spread our respective religions only but do not try to destroy the shortcomings and other kind of vices by understanding the pious religions and teachings. Greed and attachment are also our hidden foe. So, greed and attachment to only increase the number of followers by

spreading respective religions will always be harmful to the society as is being seen, presently.

You see, spreading and holding of teachings in life is a real source of spreading the respective religions in the society. We must know that sects are made of human-beings and within all human-beings humanity exists. Religion means to spread such pious teachings which does not break the humanity but unite it.

As you have advised me to see the website but believe me I donot know how to handle computer. Therefore, I never see the sites of computer. Because I am totally indulged in worshipping God according to Vedas, singing spiritual songs, practicing Yog philosophy, preaching vedic philosophy, writing books and spiritual songs (bhajans), writing for newspapers. Being chief-editor of a magazine, I have to devote time for magazine as well, to advise people to destroy their problems, being busy in the said routine and I donot know when sun rises and night passes away yet I would try to see the site told by you.

I am pleased to know that you never think of backbiting about others. Actually, the said is the preach of all religions. He who does backbiting and talks against anybody then the back-biter cannot suppress the other person.

In this regard, ***Atharvaved clearly preaches that if anybody is backbiting and speaking falsely against you, abusing you, keeps ill-will against you, tries to kill you then all the said matters would automatically go back to him and he will have to face the consequences and not you.***

But it is seen that due to lack of knowledge of Vedas and hold of the preach of religions in life, mostly the people fail to maintain peace and because of this, worldly quarrels/fights are increasing day by day. The result of daily worship would generate peace and love within us, then only we would be able to maintain peace and love in society. Therefore, daily worship is necessary in human-life otherwise the preach based on mere study of books would go in vain.

The names of God are several like God, Khuda, Ishwar etc. but He is one and we all human-beings are like His children. He has given us birth and nurses us. Therefore we must think deeply that why we are afraid of considering each other as brothers and sisters.

Probably answer is this that we are lacking in doing daily worship and hence hesitate.

## Bhagwad Geeta - an extract of Bheeshma Parv

Shlokas of Bhagwad Geeta have not been orated while being between two armies in the battle field and I've been preaching and stating the said facts in my books also for last over twenty years. However, the authentic shlokas of Mahabharat epic written by Vyasmuniji are 4500 and thereafter 5500 shlokas have been written under the guidance of Vyasmuniji by his disciple. So, ***only 10,000 shlokas of Mahabharat are true*** but until now the Mahabharat epic contains about one lakh , twenty thousands shlokas i.e., one lakh ten thousand shlokas are false, say all the learned of Vedas on this earth. Logically the said fact of false shlokas being added is also true because the way of writing one lakh ten thousand false shlokas does not tally with Vyasmuniji's way of writing. In the ten thousand true shlokas, there is a Bheeshma Parv of Mahabharat. The extract of Bheeshma Parv containing eighteen chapters has been arranged to be printed separately by somebody and the collection of such shlokas printed in the shape of book has been named as Geeta.

Infact, Yogeshwar Sri Krishna Maharaj has praised and eulogised Vedas in Bhagwad Geeta. The above stated facts are known only to learned of Vedas. The saints who are ignorant of the knowledge of Vedas are naturally ignorant of the Vedas' knowledge contained in Bhagwad Geeta and are therefore

compelled not to explain the shloka of Bhagwad Geeta, briefly and truly wherein the reference and truth of Ved mantras exists. Why? Because they have not studied Vedas.

However, most of the present literary works and most of the saints are reiterating the fact that Vedas are divine voice of God. In this connection, Almighty, omnipresent, formless God has already stated in ***Atharvaveda mantra 12/5/40*** that those who do not study Vedas but take a piecemeal (portion) of Ved mantras only which suits them, by means of studying other books etc., or listening from anywhere else [not based on traditional study of Vedas] will be punished by Me (God).

Isn't it surprising that yet no one is taking the initiative to study Vedas. On the contrary, those deeds which are against the Vedas and promote blind faith are being done on large scale. To experience the truth, we will have to revert back to Vedas.

## What is truth

Truth was in the past, is at present and will ever remain unchanged in future. God is also the truth. So God is unchangeable. This law is ever maintained by Vedas right from beginning till end. In the Vedas there is no misunderstanding about any matter. That is why ***Rishi Patanjali*** **in his** ***Yog shastra sutra 1/7*** states that

Vedas are our self-proof i.e., whatever is stated in Vedas all that is true. The statement belonging to any holy book or any saint if is according to Vedas then it is true and that which is against the Vedas, is false.

## Internal Beauty by Ved Mantras

Physical charm is not everlasting and he who seeks the same in young age, he always repents, weeps and remains disturbed in old age. Physical charm (eyes, cheeks, lips, body, hair etc.) when decays then love from it also vanishes away. But ***love with soul to soul is everlasting because soul never decays but always remains evergreen.*** Better if we try to know ourselves that we're souls and God resides within soul and we should try to gain divine qualities through vedas preach which shall enhance our internal beauty to the extent that external beauty or ugliness holds no relevance.

## Importance of Swaha

To know any Vedic word, one will have to take into consideration the fact that as God is formless so is knowledge of all four Vedas and so is ***"Swaha".*** Therefore ***the printed Vedas are not Vedvani, it is called Samhita and Samhita can be destroyed whereas Vedvani is eternal.*** The pious, eternal and immortal word *"Swaha"* is recited/pronounced invariably in every Yajyen/havan at the end of mantra. It has got a prayer to God with some meanings. The

meanings are explained below. First word will be in Hindi and then it will be explained in English, please.

**"Swaha"** --- Directly it is Ved mantra. In ***Yajurved mantra 31/7,*** it is clearly mentioned that the Vedvani emanates directly from God. ***Yagyavalkya Rishi*** in his Smriti tells his wife ***Maitreyi*** that in the beginning of every creation this formless Vanni emanates from formless, Almighty God in the heart of four Rishis selected by God from the previous creation in which they were topmost in Tapsya (austerity) and good conduct etc. That is why automatically they are called Rishis with their names - ***Agni, Vayu, Aditya and Angira.*** As the breath comes out from man similarly Ved mantras emanate from God. As outer breath is inhaled in the body so the Vedas are inhaled in God at the time of final destruction. {Please remember God is formless and has no mouth etc. This is an example and comparison only to enable us to understand the origination of eternal knowledge of Vedas otherwise neither it is inhaled nor exhaled from God.}

Further, in the heart of each of the four Rishis mentioned above, one Ved is originated without writing and without preach. How? God is formless and Almighty, i.e, has all powers and does not require any assistance. So, God does not require any assistance from any Yamraj, any Yamdoot to get the soul out from any

person, He does not require any assistance from any Indra, to shower water in the shape of rain, does not require any priest or preacher or Guru etc., to preach the religion to anybody because ***He is Almighty, He is always independent and His powers alone create and do all deeds etc., automatically.***

It is we people only who are dependent on eyes to see, ear to listen and require pencil, paper or pen etc. to write and so on, but not God. So automatically, at right time, the creation takes place; mantras emanate from God and are originated in the heart of four rishis without paper, pencil etc., because it is all within the power of God. God being Almighty can do anything but can not do injustice or unnatural task. For example -A sinner prays to God to forgive his sins but God will never forgive. A horse cannot give birth to a man. Avtar cannot take place etc. Now I come to the word ***"Swaha"***.

The meaning of word ***"Swaha"*** has been explained in ***Yajurved mantra 4/6*** that it is -

(1) ***"Pratyaksh Ved Mantra Yukta Vanni"***- Evidently eternal voice/vanni (wordings) of Ved mantras. It means that the person who is performing holy Yajyen is praying from his heart to God through eternal Vedvanni with immortal word *"Swaha"* preached in Vedas to do so.

(2) ***"Sushikshit vanni".*** Sushikshit means = Su +

Shikshit. As told above Vedic swaha word is eternal /immortal because it is not man -made. It emanates directly from God. So in addition, Su means the best vanni i.e., supreme, paramount and divine voice/vanni and there is no doubt in its supremacy as it emanates directly from God and God is supreme. Thus ***this vanni is impregnated with knowledge and truth.***

(3) ***"Vidya Ko Prakashit karne wali Vanni"***. Enlightening vanni/voice. "Swaha" vanni enlightens the knowledge in the shape of deeds (karam-kand in Yajurved), knowledge (Gyan- Kand in Rigved) and worship (Upasana kand in Samved) and details of the said three knowledge as well as medicines etc., in Atharvaved. Therefore, it is called enlightening, eternal Vanni.

(4) ***"Satya Se Prem Aadi Gunnon Se Yukta Vanni"*** i.e., Swaha word is full of several qualities such as- to love everyone by rising above discrimination, ravages of hatred, adopt truth, give up falsehood, etc. So Swaha is Vanni which preaches truth and other virtues like love for humanity etc. It is not an exageration to state here that if ***"Swaha"*** word had been used in Yajyen daily, then till now, it would have settled firmly in the mind of all human beings to love truth and follow the truth only and with the result there would have been no casteism, hatred, worship of several man made Gods, corruption,

insult of women, militancy, poverty, division of earth into several nations etc., etc., which was not in the past. So Yajyen is compulsory and has been told in all four Vedas.

(5) **" Uttam Len-Den ki Kriya".** Excellent give and take business. To elaborate, the offerings are made in fire and in return to this pious deed, the polluted air and water are purified, people are blessed with good health, education, happiness etc. Also timely rains occur to give sufficient water, good vegetation, oxygen etc., to live upon and numerous other best results are mentioned in Vedas which are bestowed on people who make offerings to fire.

***Yajurved mantra 11/57*** *states* ***"Makhasya Shiraha Asi"*** that alive family (household) who performs daily Yajyen, is considered as head of the Yajyen. Just as the head holds supreme position in the body because body functions are controlled and actions are delivered from mind which is in the head, similarly such family is supreme in the world who performs holy Yajyen daily since it gives numerous benefits to whole mankind. Then what to talk about people who do not perform holy Yajyen because they are neither benefactors to themselves nor to others. ***Swaha word has also been defined in Nirukta Brahmin Granth chapter 8, khand 20*** that is, the people (householders

who perform daily havan) gain numerous qualities and even spread to others. So non-performance of holy Yajyen has now spread the illusion all over the world. According to ***Nirukta Brahmin Granth,*** it is stated-

(1) ***All people should speak sweet, polite, auspicious language*** which is conducive to the well-being and prosperity of others. Since the pious word ***"Swaha"*** carries all such attributes hence it is pronounced in each Yajyen. It may also be stated here that in ancient times when people performed daily havan, they were blessed with this virtue which is not commonly observed in people today due to lack in performance of havan.

(2) ***Everyone should be clear hearted and should give up hypocrisy.*** It is for this reason that people chant Swaha in havan. Again it shall not be out of place to mention that at present people are cunning and speak contrary to what is in store in their hearts and all this is happening due to lack of performance of daily havan by them.

(3) ***No one should eye another person's article or property*** and should strictly be satisfied with one's own share gained through hard work. To attain this contentment, people chant Swaha in havan. So non-performance of havan has created laziness and poverty etc.

(4) ***Our offerings of fragrant materials and substances in fire benefits the entire world*** and hence this benevolent act must be accompanied by chanting of Swaha says Nirukta Brahmin Granth.

(5) Swaha is not only pronounced while making offerings in fire but also while drinking pious water of aachaman. This action reminds us again and again ***that may God protect us from illusion etc.*** We may gain money from hard work following path of truth etc., etc. Besides we pray by touching water with nose etc., to pray God to keep our body healthy etc.

Besides all these, Swaha has many other meanings and some of these which may be deliberated upon are----

1. ***SU + AHA i.e., beautiful, eloquent vanni/voice.***
2. ***Yajurved mantra 38/11*** explains it to be an action impregnated with truth i.e., when one offers ghee and other materials (combination of antibiotics + fragrant + sweet + nutritive materials) through one's own hand into the pious fire of havan, then this action is true, pious deed since Vedas support such action. Vedas are eternal, indestructible. Hence pious deed of Swaha, owing its origin from Vedas, is also eternal and indestructible. This deed gives eternal peace to the doer. Undisputedly it is the desire of each and every human being to achieve peace in life. In nutshell, this deed is virtuous, auspicious act reward of which is eternal happiness bestowed on the doer.

## Negative Thoughts

To overcome the negative feelings there is only one process and that is to gain eternal, everlasting, true Vedic knowledge. I mean to say all the matters of world including our human body have been created by three gunnas of prakriti i.e., raj, tam and satva gunn which are illusion and generate kaam (sensuality), krodh (anger), lobh(greed), ahankar (pride) etc. Our mann (mind) buddhi (intellect) are also made of prakriti, so have the ill-effect of these gunnas thereof i.e., of illusion. ***Negative feelings are generated in our mind due to gunnas of prakriti and based on our previous and present life's deeds –good or bad.*** Now, question arises how to overcome the negative feelings, same question was raised by Arjun to Sri Krishan Maharaj that his mind is not stable etc.

**Sri Krishna says-** Oh! ***Arjun concentration of mind is achieved by daily practice of Yog, Yajyen, name jaap and indulging in asceticsm.*** I mean to say, daily practice is required and when mind (mann) wanders, it should be again fixed with in the agya-chakra i.e., within two eyebrows. Secondly, the main thing is that meditation is the seventh stage of Ashtang Yog. To reach the same, one will've to cross six earlier stages duly perfected therein. ***The six stages are- Yam, Niyam, Asan, Prannayam, Pratyahar and Dharnna.***

So, please also try to study Yog shastra (if you desire) and Ashtang yog Philosophy mentioned therein, to do daily practice, to get perfection, as stated above. But one should never be demoralized. Secondly the said Vedic worship will never go in vain. It is counted in next birth and by this worship, a person gets next birth in better family where facilities to continue his worship exist ***(Bhagwad Geeta shloka 6/42 refers)***

So, I mean to say, until a devotee starts real worship of God, the mind (mann) cannot be made stable and therefore as a result negative thinking can also not be overcome. Therefore, I would advise you to please at least start name jaap of God-OM, chanting of Gayatri mantra with its meaning word by word and daily both times hawan with Gayatri mantra. You should also read some Vedic literature and should try to spare time to listen to Vedic spiritual Cds containing bhajans and preach. It will give you immense knowledge and with the blessings of God, you would be able to overcome the negative thoughts, depression etc., after sometime. In addition, you'll have to learn and do Yogabhyaas i.e., asan, prannayam and meditation in the beginning. This is the way to make future bright and overcome negative thinking.

## Tirath

First of all we must know the fundamental unchangeable law of four Vedas that to know the eternal truth of any matter, evidence of a ved mantra is required to be produced i.e. if any matter/view tallies with ved mantra then matter/view is true otherwise false. Now, we pay our attention towards ***Yajurved mantra 4/11*** which preaches that in the absence of pure intellect nobody can get happiness and nobody can progress in any field. ***Therefore, mantra states that the place where learned of vedas resides, where he preaches vedic knowledge and Ashtang Yog etc. and thus enables the people to get vedic knowledge, to know creation, every worldly matter and to acquire pious intellect to cross over the world [attain salvation], his pious residence is called TIRATH.***

Similarly, ***Rigved mantra 1/46/8*** speaks that ***boat/ship which enables us to crossover the river is also called TIRATH.***

***Rigved mantra 4/29/3*** preaches that the learned of Vedas, who attains salvation, is also like a ***Tirath*** because he makes the aspirant to crossover the sorrows and attain salvation. ***[Rigved mantra 10/31/3 also refers]***

So, this is an eternal and everlasting law of Vedas that a person if wants to cross river, then takes shelter of ship/boat and if an aspirant is desirous of crossing over the sorrows and the world and thus wants to attain salvation then his ***Tirath*** (pilgrimage) is residence of a learned Acharya of Vedas and Ashtang Yog, who has attained salvation and where he preaches vedic and Ashtang Yog Philosophy and conducts daily Yajyen with ved mantras.

We must know that in the beginning of every creation, every non-sexual man and woman is ignorant. At that time, there is no guru, preacher, Yogi, Rishi, Muni to preach. So, first Guru of four Rishis is Almighty God. In this connection, I paste my article as under-

***Vedas' Philosophy***

God has made universe and blessed us with human body to do pious deeds to attain salvation only. ***He has not made any heaven or hell.*** All have to face the result of their deeds, good or bad here only, even by taking rebirth. ***(Rigveda mantras 10/135/1,2 refer)***

God has not only made universe but has also given knowledge of four Vedas where answers to your and everyone's questions have been given. There are four Vedas:

1. ***Rig Veda*** - gives knowledge of science, matter of the universe like sun, moon, air, body etc., etc.
2. ***Yajurved*** - gives knowledge of all the deeds and duties to be performed by men, women, students, leaders, king, agriculturist etc., etc., etc.
3. ***Samved*** - gives knowledge how to worship God who gives peace and long happy life etc. In this way, details of Yoga philosophy, qualities, supreme deeds and nature of the God are also given.
4. ***Atharvaved*** - gives details of God, medical science and details of medicine etc.

Actually in four Vedas there is unlimited knowledge. ***Yajurveda mantra 40/8*** says that God is everywhere, is Almighty, formless, devoid of nervous system, purest, away from sins and does not have to face any result of any karmas (deeds), knows every soul, knows what is in everyone's mind, no body has made God, but God creates universe, has given the eternal knowledge of four Vedas and always gives the said knowledge at the beginning of every universe to know the science and deeds to all concern. Similarly four Vedas say about God that ***God is an omnipresent, omniscient, formless, beyond imagination and beyond calculation.*** Actually God has unlimited qualities. There is only one God who creates, nurses, destroys the universe and recreates. ***Atharvaved mantra 4/1/1*** also says that God gives the knowledge of Vedas at the beginning of the earth to four Rishis of

non-sexual creation. And thereafter only public listens Vedas through Rishis- Munis as yet and become learned.

***Rig-Veda gives knowledge of Almighty,***
***Yajurved gives knowledge of karmas (deeds),***
***Samved tells about worship-Yoga philosophy &***
***Atharvaved about medicines and God.***

Actually all Vedas commonly says about God also, so this is about Vedas in short. But the knowledge of Vedas is endless.

It is a fundamental law that knowledge is always given by somebody. Otherwise knowledge can't be gained at any cost. If a new born baby is nursed well in a dense jungle and is not educated then he will not be able to gain any knowledge even if he becomes young or old. So we have to think about the origin of the knowledge prevalent in the world today. In this connection the Vedas themselves say that God gives this knowledge to four Rishis. As said by Rishi Patanjali in ***Yog shastra sutra 1/26,*** God is the first Guru of the four Rishis. ***Yajurved mantra 31/7*** also refers. This is all in short about Vedas.

***The Vedas are not a book, rather it is a knowledge originated in the heart of Rishis.***

At the time of beginning of the earth those Rishis preached Vedas by mouth and all others remembered the same orally. At that time there was no pen, pencil,

paper, etc. This process of studying Vedas orally remained till Mahabharata time. ***Muni Vyas*** too remembered Vedas traditionally by heart. Then Muni Vyas for the first time wrote the ***Vedas on Bhoj patra about 5300 years ago.*** In 16th century when printing press came into existence then the Vedas were printed. Still Vedas are not those which have been printed but those which are preached by mouth by an Acharya/yogi and the printed Vedas are called Sanhita.

Now if somebody worships a statue etc., then it is their own creation please but Vedas deny. ***According to Vedas the best worship of the God is Yajyen for which all Vedas are self-proof. Yajurveda mantra 31/16 says that the learned persons worship God by Yajyen.***

So many people have asked me that most of the scholars/preachers of different religion state that their religion incorporates all matters of the world including science. What about Vedas? I wrote so many Ved Mantras describing science matters therein. For example, Yajurved Mantra 3/6 states

***"Ayam Gauhu Swaha Pitram Puraha Prayan***
***Mataram Prishnihi Aakrameet Asadat".***

***Meaning:***

This earth revolves around the Sun in the space and it also rotates on its own axis. Vedas are eternal like

God because Vedas emanate from God. ***Now, according to Vedas, this present creation is about 1 Arab, 96 crores, 8 lakh 53,111 years old. So are the Vedas but as said in Rigveda Mantra 10/191/3*** the present creation is same as was the previous one and this process of creation is eternal. So are the Vedas which emanate from eternal God. This all concludes that Vedas are the oldest in this creation also and no other book of science, maths or pertaining to spiritualism is written before Vedas.

Like the above example of rotation and revolution of earth, the significance of whole present science is mentioned in Vedas. We can see that whatever is happening in the universe, is all according to the Vedas.

***For example, occurance of six seasons, actions of Sun, moon, process of death, birth, worship, yoga philosophy, atomic energy, agriculture, animal husbandry, knowledge of politics, administration, architecture, solar energy, knowledge of home appliances like mixer, grinder, business rules, about men, women, children, marriage, Brahmacharya, education, clothes etc., etc., i.e., knowledge right from a straw to Brahma is all in Vedas.*** God is Almighty and has unlimited powers. So through His power He is able to originate the knowledge of Vedas in the heart of four Rishis without pencil, paper, help of mouth or any other worldly assistance.

***We, i.e., the whole world depends on Almighty God but God is forever independent.*** That is why, He is God. We are the souls who reside in human bodies. We need assistance of senses, perceptions, mind and body to do deeds but not God.

Nowadays, so many saints are writing books. What is the background to write their books? Background is clear that they have first studied or listened the preach from their Gurus, keeping aside the matter of truth or falsehood. And after studying or listening the same, they became able to write the books. So this is also fundamental law, based on which, the ancient Rishis first listened Vedas and when they became learned then only they wrote the Vedic books like Valmiki Ramayana, six shastras, Mahabharat (Bhagwad Geeta), Upanishads, etc., etc. So, first the knowledge of Vedas is initiated in the universe and afterwards other books come into existence.

Somebody may say that human beings have knowledge by their nature to create anything like books etc., but we see that the newly born baby who is nursed in a jungle, in the absence of knowledge of a learned person, he becomes incapable to do anything. Thus, he can't be M.A, M.Sc, doctor etc. So there are two types of the words and meanings. First, eternal which are from Almighty God and second, natural made by human beings. Eternal word meanings are always from Vedas

i.e., from God. After listening/studying Vedas, human beings become learned and then too based on their own natural knowledge, they make their own words and meanings, literature etc. ***But it is very much clear that in the absence of knowledge of Vedas, no one can become learned.*** Nowadays, also people live in dense jungle and do not lead a civilized life because they are not learned as cited above. Vedas are not sects because they emanate direct from God and God is one for all human beings. God creates sun, moon, air, water, food etc., which are meant for the best use of all human beings for their long, happy life, so are the Vedas. So all human beings must accept Vedas as an eternal knowledge from God, for the benefit of whole creation.

Secondly, you know, in the present time, if anybody writes a book etc. then surely he has studied several books earlier. After being learned of the subject, he becomes capable to write a book. Otherwise, he would not have been able to write a book. Similarly, when the knowledge of four Vedas emanates from Almighty God and originates in the heart of four Rishis then after listening and studying vedas, they become able to write their holy books like Shastras, Upnishads, Valmiki Ramayan, Mahabharat Granth (Bhagwad Geeta) etc.

Therefore, above quoted eternal fundamental vedic law also applies to the present holy books because

all the true matters which exists in present holy books, that already exists in four Vedas because this law can also not be ignored that knowledge is only gained when it is given by someone etc.

Therefore, learned of Vedas when studies present holy books he would see/realise therein the knowledge of Vedas. Moreover, if such granths/books contain anything against/contrary to Vedas then the learned ignore the same, being unauthentic.

***So, all four Vedas are the evidence to know the truth.*** During the previous Yugas i.e. during the time of Sri Ram, Sri Krishna Maharaj, ancient Rishi-Munis, King Dashrath, Janak, Harishchandra etc., present sects and saints did not exist. During the said time, only knowledge of Vedas was in vogue. Therefore, public used to go to Ashram of Rishi-Munis to get vedic knowledge. They then used to perform daily Yajyen, name-jaap of God and practice of Ashtang Yog daily etc. and thus maintained peace all over the world. It is unfortunate that eternal vedic knowledge and worship has now been ignored and hence problem. ***We will have to Revert Back to Vedas to perform real vedic worship top maintain peace.***

## Sanskrit

No doubt, learning of Sanskrit language is the most pious deed. In this connection, ***Rishi Pannini*** states- ***"Aksharam Naksharam Vidyat"*** i.e., the alphabets of Sanskrit language are never destroyed. So, everybody must know it. In another shloka, Pannini Muni states- ***"Varnna Gyanum Vagvishya Yatra Cha Brahma Vartate"***

i.e., through the knowledge of Sanskrit language, the Almighty God is known. He adds that those who know the Akshar Gyan i.e., knowledge of Sanskrit language, they make their family full of happiness.

The vocabulary of divine Sanskrit words is required to be known because it gives the pious result of studies of Vedas and the person who becomes learned of vocabulary of divine Sanskrit, he is adorned like a moon and stars, shining in the sky. ***Sanskrit language is the purest and highly refined language.*** This is also ***called Dev Vanni*** because mostly the learned of Vedas and Sanskrit language speak it. ***This only is the most invaluable and infinitely precious treasure of India.*** All the ancient storehouse of knowledge of India

written by ancient Rishis and other learned persons in Sanskrit language is completely safe. ***All four Vedas, Six Shastras, Upnishads, Valmiki Ramayan, Mahabharat epic (Bhagwad Geeta),*** Shatpath Brahmin Granth etc. are written in Sanskrit language. So, if there will be lack of knowledge of Sanskrit then how our future generations would be able to know the fact about spiritualism, science, form of deeds, knowledge of all worldly matters and worship etc.?

Infact, the said spiritual books written in Sanskrit language are India's culture. There is a saying that ***"If you want to destroy a nation, destroy its culture, the nation shall perish at its own accord."***

So, it is our utmost duty to spread Sanskrit language in the society especially amongst children so that our culture is protected effectively and people become learned of vedic culture. This is also a misunderstanding that some people say that Sanskrit language exists only in the Sanskrit written books only and it is only to be studied in schools, colleges etc. But study of the ancient Sanskrit epic/books etc. reveals that in the ancient times, this language was used in daily life.

## Sixteen Kalas

Sixteen kalas are mentioned in ***Atharvaveda mantra 7/80/1, 2, 3*** **and in *Yajurveda mantra 8/36*** also. They are as under- ***Ekshan, prann, shraddha, akash, vayu, agni, jal, prithvi, indriya, mann, ann, veerya, tap, mantra, karma lok, lokon mein naam.***

Such kalas are obtained by man/woman, (aspirant) who after practising Vedic philosophy and Ashtang yog, attain Dharmamegh Samadhi ***(Yog Shastra sutra 4/29, 30 refer). The said Yogi obtains 16 kalas and yog siddhis.*** That is why, he realises God. You see, every yogi attains said sixteen kalas but Formless, Almighty God has unlimited kalas (divine qualities).

***That is, the said sixteen kalas are achieved by soul and not by God, He being Almighty and having unlimited kalas (qualities) already.***

## What is the difference between chinta (worry) and chintan (deliberation)?

***Chinta creates problems whereas chintan generates knowledge.*** Due to lack of knowledge of Vedas, which preaches Science, concept of pious deeds, difference between pious deeds and sins and eternal worship of God; a person indulges in illusion and hence harbours chinta whereas knowledge [science, deeds and

worship] inspires us for chintan (deep consideration/ meditation on right path) and the person becomes learned by controlling all senses, perceptions etc.

## About wearing of clothes by ladies

Yajurved clearly preaches for every lady to wear the clothes in a way that every part of her body except the face and hands; is covered completely. Nowadays, it is unfortunate that we have forgotten the preach of our holy granths and have adopted western culture. The objective to wear the clothes is to attain long life and to protect the mental and physical strength then only would we be able to attain long and happy life. ***Idea is that if we wear the clothes that attract people towards us and bad desires generate within their hearts then the objective to attain long life will be defeated.*** That is why, *Yajurveda* states to wear the clothes to cover the whole body. ***Atharvaved mantra 7/37/1*** states that the wife should wear the clothes in a prudent manner.

## Why Vedas' knowledge is less Prevalent

This is a direct blessing of Almighty God on you that you are believer of eternal knowledge of Vedas, which emanates directly from Almighty God, in the beginning of every creation.

No doubt, Vedas knowledge exists at a very low level in India now days. Every happening has its reason

behind. Naturally, minimization of Vedas also has its reason behind. For example when sun rises then automatically darkness is over. When darkness exists then light is over. Sometimes in daylight also when huge black clouds cover the sun, the atmosphere of earth starts becoming dark. I mean to say, the reason of existing low level of Vedas' knowledge is due to darkness i.e., illusion has spread all over the world. Because, ***after Mahabharat war,*** the ladies, children and old persons left behind were indulged in shock due to killing of almost all warriors from both sides in Mahabharat war. For this reason, they did not make contact with learned Rishi-munis and acharyas to perform Yajyen and to listen Vedas' knowledge. As a result, the next generation remained unknown about the knowledge of Vedas and hence black clouds covered Vedas' knowledge. Now, the people made their own paths against the Vedas which still exist.

Most of the so called saints are totally against spreading the knowledge of Vedas because they know their falsehood i.e., illusion i.e., darkness will get over and they would not able to spend luxurious life, as soon as the sun of Vedas' knowledge rises.

***Now, it has become a duty of lover of Vedas and country to spread the Vedic knowledge to overcome the illusion and make the nation strong as was earlier.*** Otherwise in comparison to truth i.e., Vedas, the falsehood i.e., illusion is much more.

After the creation, the study of ancient holy books written by Rishi-Munis based on Vedas, reveals that there used to be only one monarch of the earth and Vedic knowledge was in vogue on the earth. The reason of non-existence of Vedas in western countries is the same as quoted above.

The only reason for mere trace of Vedas knowledge existing only in India is attributed to the fact that India is land of origin of Vedas and all Rishi-Munis took birth here only. All people of the world used to come here to listen to Vedas.

So, I hope that you would also try your level best to spread the knowledge of Vedas at least in your local vicinity.

## How can one remove pain given by the World

Control on all five senses, five perceptions and mind gives victory on the world which destroys the sorrows/pain and such aspirant always remains happy even while living in the world. So one should search a real guru who knows Vedas and Yog philosophy and aspirant must observe his vedic preach to control the said senses.

## Qualities of Brahmin

Brahman/Brahmin= performs yajyen daily, does Ashtang yog practice, obeys Vedas' preach, daily studies

Vedas, therefore knows Vedas and God. He tells, listens and does deeds based on vedic truth.

As regards Brahma, he knows four Vedas. The yajyen is performed and completed when presided over by Brahma on the request of Yajmaan. In the absence of Brahma, no yajyen is considered to be completed.

## Qualities of a Great person

In Vanparv of Mahabharat a question was put by Yaksha to Yudhishthir- ***"Kaha Saha Pantha"*** i.e., which is the path to follow the truth. Yudhishthir answered- ***"Mahajano Yen Gataha Sa Panthaha"*** i.e., the path which had and has been followed by the Mahapurush i.e., learned Acharya is the true path. A deep study of the said answer reveals that Mahajana/mahapurush means the learned Acharya/Rajrishi or family etc., who at that time (i.e., at the time of giving the said answer) had been following/observing the preach of four Vedas in action because at that time the present sects did not exist. Valmikiji also states that in the kingdom of Dashrath, the family holders (grihastis) were like Maharishis. So pandavas, Sri Krishna, Sri Ram, King Janak, Vyas muni, Atri, Guru Vasishth, Sita, Madalsa and several persons were Mahapurush because they lived based on the preach of four Vedas. Mahapurush always tells truth, he follows dharma, i.e., preach of Vedas, he does not favour anyone.

*Rigveda 4/14/2* also states that he is the learned

in spiritualism who wields complete knowledge of Vedas, observes the same in action, has practised Ashtang Yog Philosophy, has control on five senses, five perceptions and mind, has maintained strict celibacy, always tells truth by means of speech, thoughts and deeds and has all powers to give the same knowledge to an aspirant to purify (aspirant's) inner self.

Secondly, ***Mahapurush is considered the learned gentleman,*** who looks after his family by hard working earning etc., and by following the vedic path, he observes truth by thoughts, deeds and speech. He always makes contact with learned Acharya, does daily hawan/Yajyen, does daily name jaap, never takes non-veg, addiction, observes in action Tapasya(austerity).

He does Swadhyaye i.e., study of Vedas and holy books and Ishwar Prannidhanani i.e., has complete faith in God. He discharges all his moral obligations with honesty and sincerity.

## Putting the sindoor on Ganesh

In Vedas, it has been preached that we have to worship only one formless, Almighty, omnipresent God who creates, nurses and destroys the universe. ***So, in Vedas, there is no mention about worship of any other God or Goddess etc.*** So, putting the sindoor on Ganesh is our own made worship which can be done by those who do it at their own accord.

## Why the bride has to go to the bride groom's house and not vice versa?

***In Atharvaved mantra 1/14/1*** the father of bride is preached to tell his daughter that she should go to bridegroom's house permanently to live there firmly like a mountain. In the matter of sorrow etc., with the permission of her husband and elders, the daughter can look after parents otherwise Vedas are silent on this matter of looking after the bride's parents who have no other issue. However, we have to consider ***Rigved mantra 10/135/1, 2*** wherein it is stated that human-life is meant to face the result of previous lives' good and bad deeds in the shape of happiness and sorrows respectively. Secondly, nowadays, it is being observed that inspite of having son, even two-three sons, parents are experiencing extreme problems, sorrows, tensions etc. Even, in some cases, the son, daughter-in-law live permanently in foreign country and they only send money to their parents leaving them alone in country to face sorrows.

So, in this connection, above quoted, ***Rigved mantra 10/135/1, 2*** may be considered. That is why, God says that everyone must discharge his moral duties faithfully and should only do pious deeds.

## MEANING OF "EKO BRAHMA DWEETYA NAASTE"

Several persons explain its meaning that there is only one God and nothing else i.e., except God there is

nothing. They tell that there is neither prakriti nor soul and not even the creation which is being seen. Learned of Vedas do not accept it because eternal knowledge of Vedas which emanates directly from God tell us that there are three eternal, everlasting and immortal matters-

1.) God
2.) Souls- both are alive matters
3.) Third is Prakriti which is non-alive matter. So, the meaning of Eko Brahma Dweetya na Asti will be, there is only one God equivalent to whom no other God exists. Besides this, ***Yajurveda mantra 27/36*** states-

***'Na Jataha Na janishyate'*** i.e., there is only one Formless, Almighty, immortal God and equivalent to this, neither any other God was born, nor shall be born.

## Bad Thoughts

There is a principle that pious thoughts are generated when we attend good society and bad thoughts are generated when we are in contact with bad society, either of previous life or present life. Therefore when a person leaves the bad society and makes contact with a learned of Vedas and Yog Philosophy then he destroys his sins by following vedic path and automatically bad thoughts end. That is why there is a saying that society makes man perfect.

Good thoughts control bad thoughts. Therefore in Vedas, there are two pious words- ***sankalp*** i.e., pious thoughts and ***Vikalp*** i.e., bad thoughts.

In Shantiparv of Mahabharat, ***Bheeshma Pitamah*** **states that Oh,** ***Yudhishthir!*** There is a simple way to control the bad thoughts regarding sensuality, etc., that one should try not to allow any bad thought to enter in his mind. But question arises how the same can be made possible?

In this connection ***Rigved Mantra 10/53/7*** states that one should always work hard to do pious deeds according to Vedas. Thus, one will gather and realize the knowledge which will further enable him to control his senses, perceptions and mind. So it is necessary to seek the shelter of a learned acharya who will guide and preach the Vedic path as was guided by Bheeshma Pitamah to Yudhishthir quoted above. One should also learn Vedic philosophy which will help the individual to remove bad thoughts.

I have written about thirty holy books based on Vedas, on such subjects. Some CDs containing spiritual preach and spiritual songs of mine shall also be of considerable help in this matter because main subject is to listen Vedas either through Cds or books. One should also awake early in the morning daily for morning walk and light exercises , must take plenty of water daily i.e., 15-20 glasses a day, chanting of Gayatri mantra and doing daily hawan from Gayatri mantra gives a fruitful result. Asan, prannayam and daily meditation must be learnt and one should practise the same.
Always avoid bad society completely.

## Total number of mantras in each ved

**Rigved** -10589 mantras
**Yajurved** - 1975 mantras
**Samved** - 1875 mantras
**Atharvaved** - 5977 mantras.

## Kul Devta

The matter of present Kul Devta does not exist in Vedas. So, no learned person says about the same. In Vedas, there are only five Devtas to be worshipped i.e., are meant to be given respect and worship etc. Those are mother, father, atithi, acharya and formless God who are now a days mostly not being praised, respected and nursed well. Vedas tell the fact and we'll have to take the pious shelter of four vedas, under the guidance of learned acharya of Vedas and yog philosophy, to overcome all problems, diseases etc., and to attain salvation.

***So, according to Vedas, there is only one ishta and kuldevta of entire universe Who is formless, Almighty God, Who creates nurses and destroys the universe. Apart from this, human beings have made their own paths.*** If such people are not interested in the eternal knowledge of vedas which emanates directly from God then they may go ahead, at their own, against the vedas.

## Prohibition of Non-vegetarian Food

Vegetarians and Non-vegetarians are two categories. Accordingly the construction of body i.e., teeth, small intestine and large intestine, and digestive system has been made by God.

***Human beings come in vegetarian category.*** Our teeth and digestive system are different from that of cat, dog, lion etc. Some animals like cow, buffalo, goat, elephant etc., also come in Vegetarian category. We take water by sipping but the animals who are non-vegetarian i.e., meat eaters they do not sip but lick. Whatever we eat, that food develops our mind and body and creates natural behaviour. For example if we take a lion's cub who is newly born and nurse him by giving milk and thereafter vegetarian food only and on the other hand to another cub we provide him meat, then when they will be younger their habits will differ. The cub taking vegetarian food will not be as violent as the cub who took meat.

***Now medical science also says that the energy in vegetarian food is more than that in non-vegetarian food. Vegetarian food gives long and ill free life. Vegetarian elephant is stronger than non-vegetarian lion.***

Nobody can take meat until one inflicts violence on animals or birds etc., which is a sin. Our stomach

becomes a graveyard where we gather meat by eating. As regards life in plants, vegetarians do not harm them while plucking plants etc. because every vegetarian plant has short life and is meant to give food to the human life. But to us meat is not entitled. Science has recently told that non-vegetarians are more susceptible to cancer disease and teeth degeneration as compared to vegetarians.

Non-vegetarian food is prohibited as per Vedas, shastras, Upnishads and all the ancient holy books. In vegetarian food, lot of calories and vitamins is available by the mercy of God. Please check from a dietician about the same. Because it is lengthy one and I cannot explain here. For example, dal is full of proteins, soyabean has more proteins than any non-vegetarian food, which has ability to inhibit cancer also where as non-vegetarian doesnot. Green vegetables like palak, methi, etc., are the richest source of iron and vitamin A. So is the case of milk, curd, rice, fruit, etc. In ***Rigveda mantra 10/27/6*** God states that (Darsham) I see and know them (Annindran) who do not have faith in the [God] and are atheists and (Shritpaan) who devour the flesh of others. (Eshu) upon them (Uu Nu) definitely and soon (Pavyaha Va Vrityuhu) befall My punishments.

Idea of the mantra is that The God is Omniscient i.e., He knows everyone. So, He knows those persons as well, who consume non-vegetarian. The said act being against the Vedas becomes a sin and God sooner or later punishes such people.

## God

Vedas are eternal knowledge which emanate directly from Almighty God in the beginning of every creation. Vedas preach us to worship only Formless, Almighty Omnipresent God Who creates, nurses and destroys the universe. The said traditions remained in practice uptil Mahabharat time. Thereafter, several paths have been originated by men and women, but not by God.

Nobody can define the God completely as is also stated in ***Yajurveda mantra 40/4 – "Nainnaddeva Aapnuvan"***

That is, no perception, sense organ or mind is able to know the God. For example- Whatever has been seen by eyes and information collected by ear, nose, tongue and skin is so limited that unlimited God cannot be grasped through these senses, perceptions and mind. Suppose, one has seen U.S.A., Canada, sun, moon etc., through eyes and known them through mind and intellect. You see, all the said knowledge is limited and God is far-far beyond it. Yogi also realises God but without Prakriti made senses and that is why, he also can't define God completely. Even Vedas have not defined God completely and have told- ***"Neti- Neti-Neti"*** i.e., this is not the end of definition of God because God is beyond it. You see, a limited mind and intellect can't grasp the unlimited God. So, due to the lack of knowledge of Vedas, mostly the saints have misled the

people and declared that they know the God completely or they themselves are God.

The knowledge about God, rebirth, Prakriti, soul, creation etc., is eternal and its existence has very well been mentioned in Vedas.

Rishi-Munis followed Vedic knowledge and realized everything and accordingly, they've mentioned the said fact in their shastras/holy books etc. However, the Shastras, Bhagwad Geeta etc. are still unable to give us eternal knowledge about worship, God and deeds etc. Though, such spiritual books are true yet alone cannot enable us to realize God and get peace etc. We will have to follow vedic path under the guidance of learned acharya then only we can attain salvation.

## Physical Charm vanishes away

Eternal Vedic knowledge preaches us to be learned about Traitwad i.e. alive matter souls, God and non-alive matter Prakriti. Again if we pay our attention towards Vedas, we find that there are mainly two matters- alive and non-alive. ***Alive matter*** are only two i.e. **God and souls** who are always unchangeable whereas

***Non-alive matters*** i.e. Prakriti made worldly articles like ***gold, silver, wealth and especially corporal/ physical body of human-beings; are changeable and destructive etc.***

Naturally if we would love non-alive matters then what happens that time is labouring on and accordingly the physique or physical charms of non-alive matters would diminish day by day.

On the contrary, if a soul loves soul then due to the divine qualities of soul being immortal, the love of soul to soul would be everlasting.

***Actually, at this juncture, the vedic preach of learned Acharya is the earnest requirement of children, especially young generation as was in previous yugas, to be away from falsehood, false love and false thinking completely full of selfishness which has been destroying not only the character and innocence of youngsters but has been a major cause of destroying the nation.*** Because it shall not be out of place to mention here that most of our youngsters studying in schools, colleges, universities etc. are indulged in illusion, in the absence of preach of learned vedic acharya and therefore use addiction, fake love between opposite sexes and generate terrorism too as is known through T.V. and newspaper daily.

Nowadays, students are not provided with eternal vedic knowledge, which can enable them to have control over senses, perceptions, mind and intellect. Therefore such students being ignorant, do not know that addiction feeds only physical charm, which is destroyed one day and generates several diseases reducing their age and unfortunately the

person has to die in an early age. It is really a grave sin that the students fails to discharge his moral duties towards parents, family, society and nation, for which he was provided with invaluable human-body.

Even most of the people of the whole cannot be kept aside from being involved in the above quoted, illusion. That is why, a foreign poet named Thomas Careo could not resist from describing the difference between love based on physical charm and soul to soul. I happily, therefore, describe his poem on the subject as under-

*"He that loves a rosy cheek,*
*Or a coral lip admires,*
*Or from star like eyes doth seek,*
*Fuel to maintain his fires;*
*As old time makes these decay,*
*So his flames must waste away*
*But a smooth and steadfast mind,*
*Gentle thoughts and calm desires,*
*Hearts with equal love combined,*
*Kindle never dying fires*
*Where these are not, I despise*
*Lovely cheeks or lips or eyes."*

Such people do not know that we are not bodies but souls who reside within it. Destructible body and immortal soul are completely separate from each other. Soul is the lord of human body which comprises of five senses etc. as quoted above.

So, fundamentally God has asked the soul to use his senses and whole body, to discharge his duties mentioned in Vedas. If the soul follows the vedic preach of God then there arises no problem of addiction, bad character and other worldly disputes but when, due to ignorance, mind and intellect starts commanding soul then unlimited sins are generated. Therefore, consumption of addiction is only due to lack of knowledge of Vedas where illusion involves and duly suppressed by mind and intellect, soul orders to commit sins like sensuality, addiction etc. If in the schools, colleges, universities etc. the said vedic moral education is provided to the students then surely the sins will be minimized and be destroyed one day.

So, the people who discriminate on the basis of colour, caste or creed, they being against the Vedas are punishable by God.

**In this regard, I paste a true story as under-**

*There was a king named Janak. Once he saw a dream that he is very hungry and he is wandering in search of food. He reached a place where a piece of bread was lying on earth. In the dream, the king immediately took the piece of bread and was about to eat it that a kite immediately snatched that bread from him and flew away. The king was so hungry that he became unconscious and fell down on earth. Suddenly, he woke up and was surprised to remember the dream. He began to think that he being the king then how could he be a hungry beggar. So, he thought that if he was really a King*

*then how could he be hungry and if he was hungry then how could he be hungry.*

*He made a royal announcement that anybody who would answer his (King's) question, that person would be sufficiently awarded/honoured. On a fixed day, several learned persons gathered in a hall, the king was seated on throne and a special chair was placed nearby him to be occupied by the learned dignitaries who had to give answers. A crowd of the learned of Vedas, shastras was gathered. From the crowd of learned, one by one, learned started sitting on the chair and started giving answer but King Janak was not satisfied with their answer. The crowd of learned along with other officials became silent. After sometime, a person, who was disabled by eight parts of body and having totally black skin was seen limping. The person slowly-slowly reached the special chair and as soon as he was seated, the crowd of so called learned of Vedas etc., started laughing. The crowd actually laughed at his distorted appearance, black skin and ugliness. They thought how this disabled person would be able to answer the king. The above quoted ugly person was adorable Ashtavakra Muniji. He was not only learned of Vedas but he did Tapasya and realized the truth/Almighty God. His eyes had divine glow. After sitting on the special chair, Ashtavakra Muni, in a very pleasant and calm voice, asked the king that who were those persons sitting before him, in a crowd. The king answered, Oh! Muni, these are learned of Vedas and they*

*know the reality of soul. In return, the Muni replied- that Oh! King, actually those persons did not know about the soul. They were all cobblers because they very well knew about my skin but not my soul which resides within my body. Muni further added that since they were cobblers and specialists of skin, that is why, when he entered the hall with his disabled body, black skin and ugly face, they immediately judged the same and started laughing. Had they been learned of soul, then they would have neglected his disabled body and black skin and would have respected him, knowing that he was not body but soul and knower of soul and Almighty God. On the said reply of Ashtavakra Muni, all the persons sitting there were embarrassed and repented. Thereafter, Muni replied King Janak's question and said, Oh! Janak, neither you are a king nor a hungry beggar. Your body seems to be King by wearing the dress of King. Actually, you are alive and purest soul which resides within body.*

*The king was satisfied and under the guidance of Ashtavakra Muni, he got the eternal vedic knowledge about soul and the God. The above real story teaches us not to judge skin but to judge soul and vedic knowledge which is an eternal and everlasting truth.*

## Sashtang Prannam

Sashtang means to do prannam along with eight parts of the body by lying down on the ground. It is not wrong to

offer it in respect of parents. It should be offered to acharya and praiseworthy persons.

## How to become happy

Nobody wants sorrows but always happiness. Yet it has been observed that everybody has to face sorrows sometimes and other times happiness. Certainly, this shows that sorrows and happiness are not under our control but are awarded by the controller whose name is Almighty, Omnipresent God who creates, nurses and destroys the universe. We know that God is Supreme judge. Therefore, he does not award punishment-sorrows or happiness baselessly. He gives justice. So, in this connection, we must pay our attention towards ***Rigved mantra 10/135/1, 2*** wherein it is very well explained that the soul is provided with human-body to face the result of his previous lives' deeds or sins through the body in the form of happiness and sorrows respectively. We are free to do pious deeds or sins but the result is awarded by Almighty God according to the deeds.

It is the result of previous lives' good deeds that a person enjoys wealth. But, you see, at the time of enjoying such wealth, in the absence of worship and good manners naturally, the pious deeds are not being added, as a result, the store of good deeds is being minimized day by day.

When the effect of pious deeds gets exhausted

completely one day, the person will have to face the sorrows. We've the example of Ravanna, Kansa and Duryodhan etc., who enjoyed all matters of world but one day, they had to repent when the effect of previous lives' deeds ended. So, ***we will have to judge our lives' deeply whether we follow vedic path to worship, make our character good to earn pious deeds and as a result by destroying all sins, to remain always happy.*** At this juncture, Almighty God showers His blessings for a long, happy life on us.

The aspirants will have to learn the fundamental vedic law that in the absence of vedic worship of God nobody can be happy because worship destroys sorrows and awards happiness, say Vedas.

In this connection, the above quoted ***Rigved mantra 3*** preaches that soul is immortal, alive, eternal and free of all illusion but soul has forgotten his said divine form due to attachment with Prakriti made worldly matters gold, silver, wealth, buildings, shops, anger, lust, pride etc. Therefore, the soul gets tied in bindings. Thus, soul gets new human body to face the result of previous lives' good and bad deeds and at this stage soul thinks that he is human-body.

***In next mantra 4,*** God preaches that the soul who makes contact with learned Acharya of Vedas and Yog Philosophy and attains vedic knowledge, that soul gets salvation. So, when question arises, "How to become happy" then its answer is such aspirants should make

contact with learned Acharya who knows Vedas and Ashtang Yog Philosophy to get vedic knowledge. He should always do pious deeds preached in Vedas.

So, we should start doing pious deeds like worship and control our senses, mind and intellect to refrain from sins, to earn the good effect of pious deeds i.e., punnya which not only helps us in this life but in future births as well and becomes the reason of attaining salvation. This birth, in the shape of human beings is blessed by God, to know present and future births. Main aim of this life is to attain salvation by following Vedic path.

Shouting on parents etc., is naturally a sin, which is to be faced by the wrong- doer and if a person gives respect and serves parents/elders naturally, he'll get good award in return, though it may take time but fundamental laws of God are unchangeable. So, the person will sure get award.

## DIVILOK, AMRITAM DIVI- i.e. A Stage of Salvation

Beyond this universe, divilok exists which is immortal i.e., this universe is created and destroyed one day but divilok is neither created nor destroyed. ***Yajurveda mantra 31/3*** states that this world exists in *1/4th* part of Almighty God, remaining three parts are called Amritam Divi. So, the whole world exists in one part of God. The Almighty God is beyond this world i.e., the created world is smaller than Almighty God.

So, when God is beyond universe one should realise that God is above calculation, imagination and beyond description. Also, every matter of universe educates us to think that the universe exists nowhere in comparison to God i.e. if we would compare God to His creation then we would find that God is the greatest/most Supreme than the world. We can say that though the creation is astonishing and great but seems nothing before God. So, How Great is the God, Whose greatness can't be written and can't be spoken by anybody.

## Worship (Sadhna)

When the question to do worship of God arises then we must also pay our attention towards ***Samved mantra 744*** and ***Rigved mantra 1/30/9*** wherein God preaches that Oh! man, you must follow the eternal vedic path to worship eternal, everlasting and Almighty God Who creates the universe and unlimited matters of universe and Who is being worshipped by your forefathers and learned of Vedas and still at present learned of Vedas are worshipping the immortal God. It concludes that when anybody asks that- Whom do you worship? Then you should answer that you worship God, Whom your (the questioner's) ancestors have been worshipping and about the God, Who is to be worshipped, Vedas preach that He (God) is Formless, Omnipresent, Almighty, away from all kinds of binding of deeds, Who neither takes birth nor meets with death and Whose

form is eternal and everlasting. Here we will have to deeply consider that nowadays usually people do not search and therefore then do not take firm decision about God that Who is God and What is the real definition of God and hence the problem in worship. The aspirant must decide the above form of God mentioned in Vedas then he must start worship and that to according to Vedas.

It concludes that the above quoted vedic way of worship ***(Sadhna)*** would be the best way to do sadhna i.e. first to listen to Vedas which preach to do daily hawan, name jaap of God and practice of Yog Philosophy under the guidance of a learned acharya. The said eternal path has been preached in four Vedas and not by any person. One should wake up early in the morning and thereafter should sit on any easy asan with closed eyes concentrating between two eyebrows ***(agyachakra)*** and chant Gayatri mantra along with its meaning within heart.

Thereafter, practice of asan, prannayam etc., should be done. When sun rises then agnihotra/hawan should be performed. The said worship should be repeated in the evening also. For further clarification, one should also make contact with learned acharya because we've to worship a Formless God Who is Omnipresent, Almighty, creates, nurses and destroys the universe and only learned acharya of Vedas can give deeksha for the same.

## The Human Body

The aspirant who after studying Vedas becomes able to know that human-body is made by God from Prakriti then only he pays full attention to look after it properly and while paying full respect, tries his level best to achieve the main motto of life from it. Otherwise, mostly the people ruin it by indulging in illusion. If the aspirant succeeds in the said spiritual process then he attains good health and long, happy life ***(Atharvaved mantra 10/2/30 refers).***

As quoted above, from Prakriti's three divine gunnas i.e. Raj, Tam and Satva, human-body is made. As per ***Rigved Mandal 10, Sukta 129 and Sankhya Shastra Sutra 1/26- Raj,*** Tam and Satva are the three qualities of prakriti. When the said gunnas remain idle dormant i.e., do not work, then combination of these three gunnas (qualities) in dormant stage is called prakriti and this time is called ***"final destruction"*** of the universe. When an appropriate time comes, the creation is to be started again. Then the power of God works in the above three gunnas i.e., in the prakriti and immediately the creation starts. Rajo gunn is a sign of sensuousness etc., Tamo gunn signifies laziness and sato gunn signifies ego, pride. Our human body is also made of the said three gunnas.

Vedas tell that there are three eternal/immortal matters- first: Almighty God, second: souls, third:

prakriti. Almighty God creates, nurses and destroys the universe and again creates it. The said process of creation is eternal/immortal/everlasting. Almighty God creates the universe from prakriti. When the raj, tam and satva gunnas of prakriti remain idle (dormant condition/inactive) then creation does not take place. At an appropriate time, a power of Almighty God acts in prakriti (i.e., in Raj, tam and satva gunnas). Immediately the process of creation starts and the first matter of prakriti is made which is called –Mahat i.e., mind; from Mahat- ahankar is made, from ahankar panch (5) tan matrayein, from panch (5) tanmatrayein, panch (5) mahabhoot are created. From panch mahabhoot, the entire matter of universe i.e., Sun, Moon air, water, our bodies, bodies of other living beings etc., are created.

Now, it is clear that from the five ***Prakriti made corporal elements*** (five sthool bhoot i.e. Prithivi (earth), Jal (water), Akash (space), Vayu (air) and Agni (fire), two ears, two nostrils, two eyes and mouth are made.

God has blessed us with human body, comprising of nine dwar (nine openings)- two eyes, two ears, two nostrils, one mouth and two organs of excretion, eight chakras (eight lotus shaped ganglions within the body)- Muladhar (in the root of merudand), Swadhishthan (above merudand), Mannipoorak (in naval), Anaahut (in heart), Vishuddhi (in throat), Lalana (in the root of tongue), Agyachakra (between two eyebrows), Sahastrarchakra (in head).

Within the body there is Manomaye Kosh. **(Atharvaved mantra 10/2/31 refers).**

As preached in ***Atharvaved mantra 10/8/43,*** the human-body is meant for discharging moral duties and to do only pious deeds mentioned in Vedas. Further ***Rigved mantra 8/31/14*** preaches that through this body aspirant should worship eternal and everlasting Almighty God to attain final liberation.

***Chapter 13 of Bhagwad Geeta*** also preaches about human body. Yogeshwar Sri Krishna Maharaj states that Oh! Arjun, Vedas and Rishi-Munis have already described about the creation and composition of human-body. Further, Sri Krishna Maharaj states that Oh! Arjun, there are five Mahabhoot, Ahankar, intellect, undescribable Prakriti, ten indriyas, one mind and further five subject matters of indriyas i.e. form, taste, smell, sound and touch.

Therefore, Vedas reveal that Soul has its own swabhavik shareer (natural body) like eyes, nose etc. The said natural body is used during salvation to enjoy whatever soul likes. As regards birth, soul goes in womb of a mother and gets prakriti made body of five matters which is called sthool (corporal sharer). Suksham shareer is of two types- one natural as stated above and second is of seventeen matters i.e., five senses, five vital airs (prann), five minutest matters of five tatvas i.e., Prithvi, Jal, Akash, Vayu, Agni and mind and intellect.

When normally unlimited souls leave the body then such souls contain the said seventeen matters with which the soul goes in the womb of mother to take next birth. The matter of happening and birth in case of unliberated souls is known only by God who gives next birth based on previous lives' deeds because unliberated souls remain unconscious (sushupt) after leaving bodies and liberated soul uses his natural body to see, hear etc., as quoted above. Unliberated souls have no knowledge of surroundings whereas liberated souls know everything including the process of creation, nursing and destruction.

Liberated soul takes birth at his own where he wants because such soul takes birth to do some work of welfare of human-beings for certain time-period and after its accomplishment goes back and liberated soul knows everything in his desired birth or even without human-body.

The Sthool is panchbhautik or corporal and is seen by eyes, suksham is subtlest, cannot be perceived by eyes and involves five prann (vital airs), five gyan indriyan (organs of sense), five suksham bhoot, mann and buddhi. This shareer (body) remains with the soul during birth and death.

In ***Shatpath Brahmin, kand 14,*** the following natural qualities/power of the soul have been mentioned:- Shrinvan Shrotam Bhavti, Sparshyan Tvagbhavti, Pashyan Chakshurbhavti, Rasyan rasna

Bhavti, Jighran Ghrannam Bhavti, manvaano mano bhavti, Bodhyan Buddhirbhavti, Chetyanshchittam, Bhavatyahang Kurvanno Ahankaro Bhavti.

**Meaning-**

During the salvation the soul has its satya sankalp- swabhavik gunn (natural, pure qualities). That is, when he wants to listen then becomes ear i.e., uses sankalp ichchamatra shareer (ear); if he wants to touch then skin; if wants to see then eye; if wants to taste then tongue, for smell nose; for sankalp-vikalp (thoughts) then mann; to decide uses buddhi; to remember chitta and to use ahankar (feeling of individuality) then uses natural power of ahankar.

Through the said natural body, the soul enjoys divine pleasure, remaining along with Almighty God. I mean to say that all Vedas, ancient and present Rishi-Munis, Sri Ram, Yogeshwar Sri Krishna Maharaj etc. preach to all the human-beings that they must know about themselves that they are alive, eternal and everlasting souls, which reside in human-body to follow vedic path, to do proper worship of God, to attain the main motto of life i.e. salvation.

## To obtain marks in exam

The present life's deeds make the future bright. Duly influenced by the effect of past deeds, the environments to go ahead in the right path are made available and the present hardworking encashes it.

**For example-** due to the result of past pious deeds, an individual takes birth in a well to do family where he can achieve worldly progress as regards science, wealth etc., as well as spiritualism which is the main motto of human life but several persons avail only wealth and get indulged in illusion i.e., do not encash the result of previous lives' pious deeds. Also anyone gets good marks in examination due to both deeds.

**Secondly,** if a person has got human life, it means he has sure some treasure of pious deeds of previous lives and is entitled to get progress in life by doing hardest effort presently.

So, if we have been provided with an opportunity as human being by the God then we should do hard work in following the Vedic path which makes our future bright.

Similarly, it covers the situation of job. So, if an individual still struggles hard to seek the job based on his qualification etc., he can get good job whether it is mentioned in his luck or not. You see, **God has given power to make our destiny bright at our own.**

## Why Guru is needed ?

It is a fundamental law that ***knowledge is gained only when somebody gives the same.*** If somebody raises a question that why are teachers required in a school, the answer will be- to educate the children. Children are educated in the worldly subjects like science, maths etc. But this does not include eternal, spiritual knowledge of Vedas. So, ***learned guru of Vedas and Ashtang Yog is required to educate people in spiritualism.*** Why? because in the absence of worship of God, happiness or peace can never be attained. Mere materialistic articles of the world are always harmful. One requires spiritual knowledge to make best use of worldly articles.

Secondly, requirement of a spiritual guru is an eternal tradition which cannot be ignored. You see, as stated in ***Rigved mandal 10, sukta 129,*** in the beginning of the earth, that is in the non-sexual creation, the human-beings are ignorant. So, until and unless God generates the knowledge of four vedas within the heart of four Rishis, the knowledge is not attained. The said eternal fact is quoted by ***Patanjali Rishi*** in his ***Yog Shastra Sutra 1/26*** stating that Almighty, Formless, Omnipresent God is the first guru of the said four Rishis because every learned guru of the previous creation meets with death but God being away from death and bindings of every deed; remains always alive.

The above four Rishis gave vedic knowledge to Brahma

and from Brahma, the guru (learned Acharya) and disciple tradition starts. Therefore, we must deeply consider here that tradition of being guru is made by God and is eternal and everlasting and the said tradition cannot be started separately by any human-being. The tradition includes vedic knowledge which should be adopted traditionally by all aspirants. ***So, need of a vedic guru (not others) is made by God which is eternal and everlasting.***

## Rishis

***Atharvaveda mantra 4/30/3*** and ***Yajurveda mantra 40/7*** state that a ***Rishi/Yogi*** is he who is traditionally learned of Vedas and after practising Ashtang Yog, has realised God. Then God tells that ***"I Myself make him Brahmin, Rishi providing him with purest divine mind."*** So, Rishis are those who have realised Almighty God as well as have seen the meaning and idea of the ved mantras within them in Samadhi, that is why, the Rishis are called – ***"Mantradrishta".*** Patanjali Rishi also states in Yog Shastra that Rishi is the purest due to his said hard Tapasya. So he never tells a lie. Hence, the writings and views of the Rishis in the shape of holy books, like ***Mahabharat, Shatpath Brahmin Granth, Upnishads, Shastras etc.*** are also accepted as authentic. On the contrary, the spiritual books written by ordinary persons, lacking the knowledge of Vedas, are considered unauthentic as per ***Atharvaved mantra 7/105/1.***

## Neti Neti

The word ***"net"*** is mentioned in ***Atharvaveda mantra 18/2/58.*** ***"Neti"*** pad is also produced by net. ***"Neti"*** means ***"This is not the end".*** As mentioned in ***Yajurveda Mantra 40/4,*** the perceptions, organs and mind are incapable to understand about the God. God is above the said senses etc. Every knowledge is gained by five sense organs and mind and intellect. So Vedas tell that what ever knowledge pertaining to God has been gained by virtue of words, meanings etc. from Ved Mantras, is not enough. God is beyond senses, beyond mind, beyond description etc. So ***God has preached path in Vedas to realize God.*** Those who will follow the path of Vedas will realize God in ***Asampragyat Samadhi.*** So mere study of Vedas is not enough to realize God until it's preach is learnt and held in daily life. ***(Rigved mantra 1/164/39 refers).***

So ***"Neti Neti"*** means do hard practice of Ashtang Yog and attain ***Asampragyat Samadhi (Dharammegh Samadhi)*** in which all senses, perceptions and mind become dead and soul indulges in God. Therefore the meaning of Neti Neti is not that Vedas are not empowered to tell about God in full.

## Benefit of Asans

1) **Pawanmuktasan:-** Corrects the functioning of stomach and is beneficial in gastric trouble.

2)**Uttanpadasan:-**It is also beneficial for stomach diseases/digestive system.

3) **Pashchimotanasan:-**Beneficial in breathing system and stomach.

4) **Halasan:-**Purification of blood. Increases memory.

5) **Sarwangasan:-** Increases memory and is beneficial for spinal cord.

6) **Ardhmatsyendrasan:-** controls sugar.

7) **Padmasan:-** Purify the leg veins and is also beneficial for stomach.

8) **Vajrasan:-**it is also beneficial for gastric problems and makes the body strong like stone.

But we must remember here that infact ***asan is third part of Ashtang Yog philosophy*** and asans are mainly not for improving the health but are meant further to start the prannayaam which is fourth part of Ashtang Yog. Otherwise, health can be improved by exercise, walking, nutritious food, Indian exercises like Dand-baithak, wrestling etc. Our ***"Rustam-e-Hind" Dara Singhji*** improved his health by doing Indian exercises only. So, be alert that yog asans are meant to easily do prannayaam and further to reach the Samadhi.

## Decline Of Vedas knowledge after Mahabharat

Vedas always preach that mere study/learning by heart of Vedas will be of no use until its preach is attained and held in daily life and man and woman, by doing hard practice of Ashtang Yog and by doing Yajyen etc. realise God. In this connection, ***Vyas Muniji also states in***

***Mahabharat*** that he is wretched of wretcheds who listens to Vedas but does not follow its preach in daily life. ***Rigved mantra 1/164/39*** also states that if a person daily studies Vedas but has not realized God then ved mantras will be of no use for him. So, the view of the said facts, that remaining people were not so much learned of Vedas and were not Yogi, Rishi-Munis and the earth after Mahabharat war became devoid of Rishis–Munis-Yogis.

Hence, the sun of Vedas started setting down. There is a saying that- ***"Two swords do not fit into one scabbard."***

Therefore, if the ladies or gents would have been Rishi-Munis, Yogis then the question of downfall of the vedas could not have arisen and when the downfall has taken place then sure there were no learneds as quoted above.